

40 DAYS FULLER

A D V E N T C A L E N D A R

Read
Isaiah
2:1-5

Offer a hand to someone who needs help

Give a sincere compliment to someone you admire

Visit or call someone who may be lonely

Send a thank you note to someone who's helped you in the past

Listen to a musical piece that inspires you

Meet a friend for lunch or coffee

Read
Isaiah
11:1-10

Do an act of kindness for a family member

Pray for someone you find difficult to get along

Send or deliver flowers to someone

Write three things you are grateful for

Spend time outside or contemplating a work of art

Smile at everyone you see

Read
Luke
1:39-56

Do an act of kindness for a friend

Buy flowers or a treat for yourself

Spend five minutes in prayer or meditation

Send a thank you note to someone who lights up your life

Surprise someone you love with something they enjoy

Send or deliver a treat to someone

Read
Matthew
1:18-25

Do an act of kindness for a stranger

Spend time with someone you love

Merry Christmas!